



A word of advice...

...for meeting the tax office

The tax office is able to provide you with the information you need, concerning tax and national insurance, when running your own business. In the last few years they have become more user-friendly, but some of the information is sometimes difficult to understand. If you don't understand, ask the person to explain it to you in plain English.

Benefits

You may be receiving some benefits, which could be reduced or withdrawn when you start running your own business. You can find out about what you may or may not receive at your local job centre (or more correctly Jobcentre Plus).

You can also find out what happens to your benefits if your business does not work out.

You may be able to get a better-off calculation from your local Citizens Advice Bureau (CAB) or the local Jobcentre Plus office. Contact information can be found in the telephone directory.

You may be able to claim some one-off payments, such as a Job Grant, which are available for people moving from benefits into employment - find out from your local Jobcentre Plus. You may want to look at www.direct.gov.uk or www.jobcentreplus.gov.uk